

Telehealth or Virtual Visits

What's Right for Me?

While most SSM Health locations are open and safe for in-person visits when needed, there are many services you can receive by connecting with an SSM Health provider from the comfort of your home. Learn more to see if a Telehealth Visit or a Virtual Visit is right for you:



Telehealth Visit

A scheduled appointment with your own SSM Health provider.



Virtual Visit

Available 24/7, no appointment needed, with an SSM Health provider.



Comprehensive

For a variety of health screenings and routine visits, including for chronic conditions, surgery follow-up, therapy services, mental health services, and annual wellness visits.

For the diagnosis and treatment of a variety of common conditions, including colds and other respiratory infections, allergies, rashes, pink eye, urinary tract infections, smoking cessation and more.



Easy

Call your provider to see if a telehealth visit is the right option for you. If so, schedule a full visit via video chat, or in some cases, phone call.

Answer a series of online questions, and a provider will follow up with a treatment plan and prescription, if needed.



Affordable

Same as an in-person visit, billed to your insurance and patient pays normal copay.

A single, flat fee regardless of insurance. Exception is Virtual Visits for COVID-19 evaluation are currently offered at no cost.

For appointments and urgent medical issues that still require an in-person visit, rest assured SSM Health is prepared with new screenings and specific changes at all of our locations to enhance patient safety. Not seeking care could negatively impact your overall health and well-being, and we strongly encourage you not to postpone care.

▶ To get care from anywhere, visit:
ssmhealth.com/telehealth -or-
ssmhealth.com/virtualvisits

