

# Provider NEWS



Fall 2021

A newsletter for WellFirst Health providers

## SSM Health to Form Strategic Relationship with Medica

SSM Health will form a new strategic relationship with **Medica** – an independent, midwestern, non-profit health plan headquartered in Minnesota. Under this arrangement, Medica will invest in Dean Health Plan, which is a subsidiary of SSM Health which also owns SSMHIC/WellFirst Health Plan. We share goals of delivering health care value through improved outcomes and lower health care costs for members and patients.

Medica and WellFirst Health, both mission-driven health plans, have significant similarities in histories, operations and cultures. They also share a deep commitment to the community. Critical aspects of the new relationship are technology, mission and innovation.

There is also opportunity for the health plans to benefit from the strengths and scale of each organization, including:

- Medica's technology and operations platforms to further simplify and enhance the health care experience for WellFirst Health members.
- WellFirst Health's innovation in provider relationships through integrated delivery networks and its value-based care partnerships.

This new partnership does not alter provider contracts, reimbursement terms or your key contacts. There are no changes to our provider networks or to current operational or medical management processes, such as prior authorization requirements, claim submission or medical policies. Existing member benefits and products will also remain in place.

The agreement is expected to be finalized sometime during the 4<sup>th</sup> quarter of the year, pending necessary regulatory approvals. ⊕

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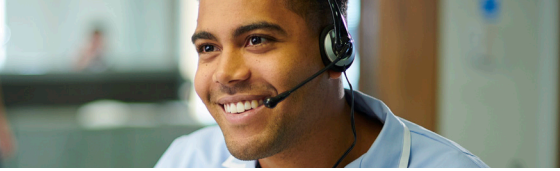
## Up to Half of Patients May not be Taking Meds Correctly

Are your patients actually taking the medications that you prescribe for them? Data show that up to half of patients may not be taking their prescribed medications or are taking the medication differently than prescribed. Improving medication adherence is a gradual, but important process that leads to better clinical outcomes and lower overall health care costs. It also impacts quality measures like Medicare Star Ratings.

Here are ways to ensure your patients remain adherent to their medication:

- Prescribe 90-day supplies
- Consider delivery through our mail order pharmacy. [\*See the article about our new mail order pharmacy for 2022 in this issue!\*](#)
- Prescribe sufficient refills
- Send a new prescription when dose changes
- Simplify medication regimen
- Discuss medication adherence with your patients
- Follow up after a new medication is started ⊕





## ADHD Formulary Updates

Effective July 1, 2021, brand Adderall XR was removed from the WellFirst Health formulary. It was replaced with the generic product (amphetamine/dextroamphetamine ER capsule).

- Transitioning to the generic will result in lower cost to the patient, on average \$10-\$30 per month.
- Pharmacies may convert patients to the generic without needing a new prescription.

- Generic Adderall XR is the lowest cost long-acting stimulant for patients. Other products such as Vyvanse or Focalin XR cost patients on average \$10-\$30 more per month.

When a long-acting stimulant therapy is required, consider generic Adderall XR when clinically appropriate. ⊕

## WellFirst Health Mail Order Pharmacy

Effective January 1, 2022, WellFirst Health will begin using Costco as its mail order pharmacy, replacing Walgreens. All mail order prescriptions written or refilled on and after January 1, 2022, must be processed through Costco's mail order service. Members do not need to have a Costco membership to use this service.

Prescribers writing new prescriptions for members who are currently using the Walgreens Mail Order service will need to send those prescriptions to Costco at [www.pharmacy.costco.com](http://www.pharmacy.costco.com). Please note current WellFirst Health Medicare Advantage and WellFirst Health SSM Health Employee Health Plan members are already using Costco Mail Order. Some key benefits that Costco provides include:

Convenient access to the mail order service through the Costco website at [www.pharmacy.costco.com](http://www.pharmacy.costco.com).

- Costco mail order customer service hours are Monday through Friday from 5:00 a.m. to 7:00 p.m. and Saturday from 9:30 a.m. to 2:00 p.m.
- 24/7 access to refills and to check status – log on to Costco's website at [www.pharmacy.costco.com](http://www.pharmacy.costco.com) or use the automated phone system by calling (800) 607-6861.



- Mail Order Dispensing Accuracy Rate - 99.98 percent of all covered prescriptions are dispensed to members accurately.
- Mail Order Prescription Turnaround - prescriptions are shipped within an average of five business days of receipt of the prescription by the mail order pharmacy.
- Member copay tiers will not change as a result of this mail order pharmacy change. ⊕



## Telehealth/Telemedicine Information for the Provider Directory

With the broadened use of telehealth/telemedicine, WellFirst Health is working toward including telehealth/telemedicine information in our provider directory for in-network practitioners who have the capability to deliver these remote health care services.

Due to recent amendments made to the IL Network Adequacy and Transparency Act, WellFirst Health is reaching out to providers in Illinois first to request the following information for individual practitioners offering telehealth/telemedicine services (consultative, clinic-based services):

- The telehealth/telemedicine service being offered
- The type(s) of virtual interaction available (e.g., videoconferencing, audio-only, eVisit, etc.)
- Whether the provider has the ability and willingness to include a family caregiver (who

is in a separate location than the patient) in the telehealth/telemedicine visit

In the future, returned information will be used to update the WellFirst Health Provider Directory, accessible from the Find a Doctor link at [wellfirstbenefits.com](https://www.wellfirstbenefits.com).

If you currently offer telehealth/telemedicine services and have not yet reported this information to the Health Plan, please contact a WellFirst Health Provider Network Consultant at [ProviderRelations@wellfirstbenefits.com](mailto:ProviderRelations@wellfirstbenefits.com).

For more information regarding the recent Network Adequacy and Transparency Amendments and specific requirements, please visit the following:

[Bill Text: IL SB0332](#). ⊕

## Flu Vaccination Relieves Stress on Health Care System

The Centers for Disease Control and Prevention (CDC) reminds providers to continue their vigilance with encouraging and recommending flu immunization for eligible patients. Doing so can help health systems better manage the flow of patients who are in the greatest need of help by reducing the number of cases that might be confused with SARS-CoV-2.

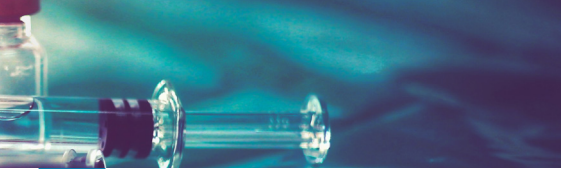
“Prevention of and reduction in the severity of influenza illness and reduction of outpatient illnesses, hospitalizations, and intensive care unit admissions through influenza vaccination also could alleviate stress on the U.S. health care system,” according to [CDC.gov](https://www.cdc.gov).

“Providers have done an excellent job guiding patients in regard to getting COVID vaccinations,” said Russel Hermus, MD, a Health Plan Medical Director and family medicine specialist. “As influenza season approaches, we need to remember the

importance of influenza vaccination, and other routine vaccines, such as pneumococcal vaccine.”

Guidance for vaccine planning during the pandemic is available at [CDC.gov](https://www.cdc.gov). ⊕





## Medicare Advantage Corner

*Welcome to the Medicare Advantage Corner! We will use this section of the newsletter to highlight updates to our Medicare Advantage plans. For this debut, see a preview of what to expect for 2022. Look for the Medicare Advantage Corner in future newsletter issues.*

### Diabetic Supply Updates

Accu-Chek brand will continue to be the preferred blood glucose monitor (BGM) product and can be obtained through a pharmacy.

Continuous Glucose Monitoring (CGM) products FreeStyle Libre and Dexcom can be obtained from either an in-network pharmacy or from EdgePark Medical Supply. For 2022, the pharmacy benefit will be \$0 copay and the medical benefit coinsurance will be 20% at 0% coinsurance.

Your patients will have access to insulin pumps which include Minimed, Omnipod Dash, and t:slim.

Your patients can obtain their insulin pumps and supplies from the following:

- Medtronic MiniMed pump, transmitter, and sensor from Medtronic with a 20% coinsurance; or
- Omnipod DASH and Omnipod Pods from Insulet Corporation with a 20% coinsurance or through the pharmacy at a \$0 copay; or
- t:slim pump and supplies through Tandem with a 20% coinsurance.

BGM (Accu-Chek) testing supplies for insulin pumps can be obtained from a pharmacy with a \$0 copay.

CGM testing supplies (Freestyle Libre or Dexcom) for insulin pumps can be obtained through a medical supplier with a 20% coinsurance or a pharmacy at a \$0 copay.

In 2022, CGM supplies will require documentation to meet the Local Coverage Determination (LCD L33822) to be approved.

In 2022, insulin pumps will require documentation to meet Local Coverage Determination (LCD - L33794 billed as E0784) to be approved.

**Insulin savings** - Our 2022 Medicare Advantage Plans with Part D will offer reduced copays on insulin, until

the member reaches the catastrophic stage of their Medicare Part D coverage. Members will have a \$30 copay per 30-day supply for insulin fills at preferred pharmacies and a \$35 copay per 30-day supply for insulin fills at standard retail pharmacies.

Our insulin savings program applies to the following:

- |                         |                               |
|-------------------------|-------------------------------|
| ● Humulin R 500 unit/ml | ● Soliqua                     |
| ● Lantus 100 unit/ml    | 100unit/0.033mg/ml            |
| ● Levemir 100 unit/ml   | ● Toujeo 300 unit/ml          |
| ● Novolog 100 unit/ml   | ● Toujeo 100 unit/ml          |
| ● Novolin N 100 unit/ml | ● Tresiba 100 unit/ml         |
| ● Novolin R 100 unit/ml | ● Tresiba 200 unit/ml         |
| ● Novolin 70/30 unit/ml | ● Xultrophy 100 unit/3.6mg/ml |

This includes insulin delivered via Pen Injector, Injectable Solution, Injectable Suspension or Cartridge.

### Vaccine Updates

**Vaccines under Part D** - Our 2022 Medicare Advantage Plans with Part D will offer the vaccines listed below at \$0 copay. Cost-sharing will apply when a member is in the catastrophic stage. To obtain the best benefit under their Part D plan, members are encouraged to receive their vaccine from an in-network pharmacy that employs pharmacists certified to administer vaccines.

- |              |              |             |
|--------------|--------------|-------------|
| ● IXIARO     | ● TRUMENBA   | ● IPOL      |
| ● GARDASIL 9 | ● BEXSERO    | ● VARIVAX   |
| ● IMOVAX     | ● MENVEO     | ● SHINGRIX  |
| ● RABAVERT   | ● TYPHIM VI  | ● TWINRIX   |
| ● ROTARIX    | ● HAVRIX     | ● M-M-R II  |
| ● ROTATEQ    | ● VAQTA      | ● PROQUAD   |
| ● YF-VAX     | ● RECOMBIVAX | ● PEDVAXHIB |
| ● ACTHIB     | ● ENGERIX-B  | ● MENACTRA  |
| ● HIBERIX    | ● RECOMBIVAX | ● MENQUADFI |

### Preferred Pharmacy Network:

Using a pharmacy from our preferred network will save members money on their copays. In 2022, SSM Health, Walgreens, Walmart, and Forward Pharmacies will be in our preferred network. Costco will remain the preferred mail order pharmacy. Members do not need to have a Costco membership to use this service.

### Up next in our Winter Medicare Advantage Corner...

Medicare Advantage changes that will affect Part B vs. Part D copay enhancements, step B therapy prior authorization additions, step therapy policies and new home care initiatives. ⊕

## Preventing Falls in Older Adults

As our population ages, it has been shown that falls are the leading cause of loss of independence for people over age 65. According to the CDC National Center for Injury Prevention and Control, 1 in 4 people 65 and older falls each year. While falls can lead to a loss of independence, they are preventable. It's important to talk with your patients about fall risks and prevention along with discussing the following with them:

- Review the patient's medication. Medication management can reduce interactions and side effects that may lead to falls.
- Discuss an exercise program appropriate for them to improve leg strength and balance.
- Encourage your patient to get an annual eye exam, and to replace eyeglasses as needed.
- Talk with them about how they can make their home safer by removing clutter and tripping hazards, such as rugs and electrical cords.

The following link can provide you additional materials from the CDC for reference: [Clinical Resources | STEADI - Older Adult Fall Prevention | CDC Injury Center](#). ⊕



## Colorectal Screening Policy Updated

Prevention really is the best medicine. WellFirst Health covers preventive care and screenings for early detection of health issues. This includes annual wellness visits, breast cancer screenings and colorectal cancer screenings.

We have updated our policy for colorectal screening:

- Colorectal screening is covered as a preventive benefit for members, beginning at age 45 and continuing until age 75, in alignment with recent U.S. Preventive Services Task Force recommendations.
- One gFOBT (82270) or one FIT/iFOBT (82274, G0328) is allowed per member every 12 months.
- Member cost share is waived for screenings; however, providers must submit claims for stool-based tests with a primary diagnosis of screening for colorectal cancer (Z12.11, Z12.12) for the test to be considered preventive and have member cost share waived.
- Tests that are screening in nature, according to the code description (82270, G0328, 81528), will require a screening diagnosis or will not be reimbursable.

Please talk to your patients about their preventive care options. For more information about preventive care services, refer to our [Preventive Care web page](#) on [wellfirstbenefits.com](#). ⊕



## New for 2022 – Automatic Rewards for Members

Living Healthy Rewards will use claims data from completed Preventive Health screenings to automatically credit points to a member's Living Healthy account. The Living Healthy Rewards program is available to members enrolled in a WellFirst Health ACA Individual or Medicare Advantage plan.

Selected preventive screenings include:

- Cancer (mammogram, colon cancer and PAP smear)
- Immunizations (Influenza, Varicella, Tetanus, Meningococcal and Pneumococcal)
- Other screenings (Chlamydia, Gonorrhea, HIV, Hepatitis C, Diabetes and Depression).

The Health Plan will encourage members to check with their primary care provider to determine which tests are appropriate for them based on their medical history and family history. Once the claim is received, points will automatically be credited to members' Living Healthy accounts to help them earn gift cards (up to \$150).

Prevention or early detection of common diseases is essential and by connecting claims to Living Healthy Rewards, we are able to positively impact the health of our members. Many self-reported activities will still be available to earn points for rewards. ⊕

## Screening Patients for Diabetic Retinopathy

Early detection of Diabetic Retinopathy can significantly limit disease progression. Most patients who develop retinopathy have no symptoms until the very late stages (by which time it may be too late for effective treatment).

To best care for patients, the American Diabetes Association recommends that those with diabetes be screened or monitored for diabetic retinopathy. The Health Plan recommends medical eye exam screenings for:

- Patients with type 1 diabetes, an initial comprehensive examination by an ophthalmologist or optometrist is recommended within the first five years of diagnosis.
- Patients with type 2 diabetes, an initial comprehensive examination by an ophthalmologist or optometrist is recommended shortly after the diabetes diagnosis is made.
- The frequency of follow-up examinations should be individualized, with more frequent follow-up in patients who have abnormal findings or if retinopathy is progressing.
- Patients with preexisting type 1 or type 2 diabetes who plan on becoming pregnant, should have

an eye exam before pregnancy or within the first trimester and should be monitored every trimester and for one year postpartum as indicated by the degree of retinopathy.

### Tips for improving screening rates:

- If not already established, create a clinic workflow for patient referrals from primary care to an optometrist and/or ophthalmologist for appropriate screening, contributing to enhanced coordination for patients.
- Assign a staff member to monitor that referrals and communication with the patient and care teams are occurring at appropriate intervals.
- Create a comprehensive outreach strategy with care teams for patients who are overdue for screening.
- Establish a process to coordinate care hand-offs by ensuring the optometrist or ophthalmologist performing the exam is sending patients' exam findings to the referring provider with concrete, clinically appropriate follow-up interval recommendations.



## Be Vigilant on Follow-up for Patients with Alcohol and Other Drug Abuse Issues

Patients newly diagnosed with alcohol or other drug (AOD) abuse or dependence should receive three follow-up visits within one month, according to National Committee on Quality Assurance (NCQA) standards. Follow-up may occur in the inpatient, residential, outpatient, medication-assisted treatment or telehealth setting.



### Medical record documentation and best practices:

- Screen for alcohol and drug use. Screening tools include the Cut Down, Annoyed-Guilty, Eye Opener Adapted to Include Drugs (CAGE-AID) questionnaire and the Alcohol Use Disorder Identification Test (AUDIT).
- Discuss the importance of timely follow-up visits with patients.
- If substance misuse has impacted a patient's health, schedule a follow-up visit before the patient leaves your office.
- Reach out to patients who cancel appointments and help them reschedule as soon as possible.
- Use the same diagnosis for substance use at each follow-up visit.
- Coordinate care between behavioral health and primary care providers:
  - Share progress notes and updates
  - Include the diagnosis for substance use ⊕

## Coming your way — Compliance and Fraud, Waste and Abuse Training and Attestation

Centers for Medicare and Medicaid Services (CMS) requires compliance training for Medicare Advantage and Medicaid contracts. This applies to First Tier, Downstream and Related Entity (FDR) and/or Subcontractor and currently contracted for the Medicare Advantage and or Medicaid products. We are requesting your organization complete an annual compliance and Fraud, Waste and Abuse (FWA) training along with the submission of a completed and signed WellFirst Health FDR and Subcontractor Attestation.

### Why is my organization being asked to take Compliance and FWA training?

Due to WellFirst Health's Medicare Advantage contract, CMS requires us to implement a comprehensive compliance program that includes FDRs. So, we are requesting our FDRs to complete the training within 90 days of hire/contracting and annually thereafter. ⊕





## Promote Physical Activity for Bone Strength

Some physical activity is always better than no activity. It's worth reminding patients of that, as exercise contributes to our overall health and well-being.



### A few ways to encourage patients to stay active:

- Join a friend for a walk in the park or enjoy other activities outdoors.

- Join a video health club or fitness class — online, or at a local gym or fitness center.
- Use your body weight to do lunges, squats or yoga — in the comfort of your home.
- For older adults, or patients at risk for a fracture, check bone health with a bone density test.

### To help prevent osteoporosis, consider these recommendations:

- **Exercise** – rotating muscle strengthening (light weights, aerobics, swimming) and weightbearing (walking, dancing) exercises.
- **Food** – having another helping of low-fat dairy products, dark green leafy vegetables and calcium-fortified juices.
- **Vitamin D** – getting outside for some fun in the sun, eating egg yolks or taking a supplement. ⊕

## Online Educational Tool Available for Providers to Share with Patients

WellFirst Health offers free online educational programs that all our in-network providers can use to further educate their patients. Emmi® is a series of evidence-based online programs that walk patients through important information about a health topic, condition or procedure. In-network providers can sign up for an account through the Health Plan and then send interactive educational content directly to their patients via email.

Members enrolled in any WellFirst Health product are eligible to access Emmi. By clicking the link in the email sent by their provider, members will be prompted to create a login to access the content. Each program runs from 15-30 minutes. Members can watch at their convenience and refer back as often as they wish.

To sign up for a provider account, contact Emmi customer support by calling **866-294-3664** or via [support@my-emmi.com](mailto:support@my-emmi.com). ⊕





## Medical Policy Updates

Highlights of recent medical policy revisions, as well as any new medical policies approved by WellFirst Health's Medical Policy Committee, are shown below. The Medical Policy Committee meetings take place monthly. We appreciate contributions by specialists during the technology assessment of medical procedures and treatments.

To view all of WellFirst Health's medical policies, visit [wellfirstbenefits.com](https://wellfirstbenefits.com), ► For Providers, and then ► Medical Management ► Search WellFirst Health's Medical Policies. [wellfirstbenefits.com](https://wellfirstbenefits.com) is updated as the medical policies become effective. For questions regarding any medical policy or if you would like copies of a complete medical policy, please contact our Customer Care Center at **800-279-1301**.

All other WellFirst Health clinical guidelines used by the Health Services Division, such as MCG (formerly known as Milliman) and the American Society of Addiction Medicine, are accessible to the provider upon request. To request the clinical guidelines, contact the Health Services Division at **800-356-7344, ext. 4012**.

### General Information

Coverage of any medical intervention discussed in a WellFirst Health medical policy is subject to the limitations and exclusions outlined in the member's benefit certificate and applicable state and/or federal laws. A verbal request for a prior authorization does not guarantee approval of the prior authorization or the services. After a prior authorization request has been reviewed in the Health Services Division, the requesting provider and member are notified. Note that prior authorization through the WellFirst Health Services Division is required for some treatments or procedures.

Prior authorization requirements for self-funded plans (ASO) may vary. Please refer to the member's Summary Plan Document or call the Customer Care Center number found on the member's card for specific prior authorization requirements.

For radiology, physical medicine and musculoskeletal surgery prior authorizations, please contact National Imaging Associates (NIA)/Magellan.

### Radiology

Providers may contact NIA by phone at **866-307-9729**, Monday-Friday from 7 a.m. to 7 p.m. CST or via [RadMDSupport@MagellanHealth.com](mailto:RadMDSupport@MagellanHealth.com). View details about the [radiology prior authorization program](#) on [wellfirstbenefits.com](https://wellfirstbenefits.com).

### Physical Medicine

Providers can contact NIA by phone at **866-307-9729** Monday-Friday from 7 a.m. to 7 p.m. CST or by email at [RadMDSupport@MagellanHealth.com](mailto:RadMDSupport@MagellanHealth.com). View details about the [physical medicine prior authorization program](#) on [wellfirstbenefits.com](https://wellfirstbenefits.com).

### Musculoskeletal

Providers can contact NIA by phone at **866-307-9729** Monday-Friday from 7 a.m. to 7 p.m. CST or by email at [RadMDSupport@MagellanHealth.com](mailto:RadMDSupport@MagellanHealth.com). View details about the [musculoskeletal prior authorization program](#) on [wellfirstbenefits.com](https://wellfirstbenefits.com).

### General Information

#### Prior authorization requirements removed

##### Effective August 1, 2021

- Percutaneous Left Atrial Appendage Closure Device MP9449
- Responsive Cortical Stimulation MP9496
- Total Ankle Arthroplasty MP9363

##### Effective September 1, 2021

- Dynamic Splinting and Static Progressive Stretch Devices MP9289

### Procedures and Devices

#### Medically Necessary - Covered:

- Eustachian tube balloon dilation for the treatment of chronic dysfunction (e.g., Acclarent AERA)
- Biliopancreatic bypass with duodenal switch
- Myocardial strain imaging



### Experimental and Investigational – Non-Covered:

- Anterior segment intraocular nonbiodegradable drug-eluting system (e.g., iDose)
- Electrical impedance spectroscopy for melanoma risk
- Epi proColon colorectal cancer screening (mSEPT9)
- Foot adductus positioning device (e.g., UNFO-S)
- Intra-atrial recording (e.g., AtriAmp)
- Magnetic capsule endoscopy (e.g., AnX Robotic Navicam MCCE System)
- MRI-guided laser focal ablation for BPH (e.g., TRANBERG Thermal Therapy System)
- Non-contact near-infrared spectroscopy studies of flap or wound (e.g., Snapshot)
- Non-contact real-time fluorescence wound imaging (e.g., MolecuLight)
- Peripheral nerve stimulator for upper limb essential tremor (e.g., Cala Trio)
- Quantitative magnetic resonance for the analysis of liver tissue composition (e.g., LiverMultiScan)
- Thermal pulsation for chronic dry eye and meibomian gland dysfunction (e.g., iLux)
- Transcatheter intracoronary infusion of supersaturated oxygen during acute myocardial infarction (e.g., TherOx DownStream System)
- Uterine transplantation for treatment of uterine factor infertility
- Vertebral body tethering for pediatric and adolescent idiopathic scoliosis (e.g., The Tether)

### Non-Covered:

Scalp cooling for hair-loss prevention (e.g., Paxman Scalp Cooling System)

### Technology Assessments

The following are considered experimental and investigational, and therefore not medically necessary:

- Absorbable nasal implants for the treatment of nasal valve collapse (e.g., Latéra)
- Cryoneurolysis for pain associated with knee osteoarthritis and as an adjunct to total knee arthroplasty (e.g., iovera System)

### Medical Policy Revisions

**Effective June 1, 2021**

#### Total Ankle Arthroplasty MP9363

Revision total ankle arthroplasty is considered medically necessary for individuals with failed total ankle arthroplasty or failed total ankle prosthesis. Total ankle arthroplasty for insufficient ligament support that cannot be repaired with soft tissue stabilization and lower extremity vascular insufficiency is considered experimental and investigational. Prior authorization removed effective August 1, 2021.

#### Genetic Testing for Marfan Syndrome MP9506

FBN1 gene testing individually or as part of a panel for individuals without a family history of Marfan Syndrome requires prior authorization.

**Effective July 1, 2021**

#### Biofeedback MP9163

Biofeedback is considered medically necessary for stress, urgency, mixed or overflow urinary incontinence when there is failure/intolerance/contraindication of other non-pharmacological treatments. Prior authorization is required.

#### Risk Reducing Mastectomy MP9449

A prophylactic mastectomy is considered medically necessary for: women who carry a germline genetic mutation in the TP53, PTEN, or PALB2 genes and women with a first-degree or second-degree male relative with breast cancer. Prior authorization is required.

#### Genetic Testing for Pharmacogenetics MP9479

FoundationOne CDx is considered medically necessary:

- For members with previously treated, local advanced or metastatic cholangiocarcinoma with FGFR2 fusion or select rearrangements being considered for permigatinib.
- For members with locally advanced or metastatic METex14 mutated non-small cell lung cancer being considered for capmatinib.
- For adult and pediatric members with solid tumors that have a neutrophilic receptor tyrosine kinase (NTRK) gene fusion being considered who are being considered for larotrectinib.



- For treatment of postmenopausal women or men with hormone receptor (HR)-positive, human epidermal growth factor receptor-2 (HER2) negative, PIK3CA mutated advanced or metastatic breast cancer following progression on or after an endocrine-based regimen who are being considered for alpelisib in combination with fulvestrant.

Prior authorization is not required for these indications.

#### **Percutaneous Interspinous Spacer (VertiFlex) MP9544**

Dynamic stabilization interspinous/interlaminar process spacer devices such as coflex, Aperius, DIAM Spine Stabilization System or HELIFIX Interspinous Spacer System are considered experimental and investigational, and therefore not medically necessary.

**Effective August 1, 2021**

#### **Intensity Modulated Radiation Therapy (IMRT) MP9526**

IMRT is considered medically necessary for breast cancer, cholangiocarcinoma and small cell lung cancer. Prior authorization is not required.

#### **Total Knee Arthroplasty and Total Hip Arthroplasty Ambulatory Level of Care MP9550**

An inpatient level of care may be considered medically necessary if the member's body mass index is 40 or greater, or if travel to the surgical facility is more than two hours. Prior authorization is required for an inpatient level of care.

*Note: Effective July 1, 2021, prior authorization is no longer required for outpatient total knee arthroplasty and total hip arthroplasty procedures. ⊕*

## **Pharmacy and Therapeutics / Drug Policy / Formulary Change Update Highlights**

Highlights of recent drug policy revisions, as well as any new drug policies approved by WellFirst Health's Medical Policy Committee, are shown below. *Drug policies are applicable to all WellFirst Health products, unless directly specified. Note: All changes to the policies may not be reflected in the written highlights below. We encourage all prescribers to review the current policies.*

All drugs with documented WellFirst Health policies must be prior authorized by sending requests to Navitus, unless otherwise noted in the policy. Please note that most drugs noted below and with policies require specialists to prescribe and request authorization.

Policies regarding medical benefit medications may be found on [wellfirstbenefits.com](https://wellfirstbenefits.com). From the home page,

hover over the **Providers** link located at the top of the page and select Document Library.

Criteria for pharmacy benefit medications may be found on the prior authorization form located in the provider portal. Pharmacy benefit changes may be found on [wellfirstbenefits.com](https://wellfirstbenefits.com). From the Providers home page at [wellfirstbenefits.com/Providers](https://wellfirstbenefits.com/Providers), click the Go to **Go to pharmacy** link.

Please note that the name of the drug (either brand or generic name) must be spelled completely and correctly when using the search bar. Medical injectable drugs may also be searched using the appropriate J-code (e.g., J9301 for Gazyva). ⊕





## New Drug Policies

### **KRYSTEXXA (pegloticase) MB2113**

Effective October 1, 2021, KRYSTEXXA, which is used for the treatment of chronic gout in adult patients' refractory to conventional therapy. Prior authorization is required and must be prescribed by, or in consultation with a rheumatology, orthopedic, sports medicine or pain medicine specialist.

### **ALPHA 1- ANTITRYPSIN INHIBITOR MB9446**

Effective October 1, 2021, Alpha 1-Antitrypsin Inhibitors (e.g., Aralast NP, Prolastin-C, Glassia and Zemaira), are used to protect the body's tissues from being damaged by infection-fighting agents released by its immune system. Prior authorization is required and must be prescribed by, or in consultation with a pulmonology specialist.

### **VISUDYNE (verteporfin) MB2114**

Effective October 1, 2021, VISUDYNE, which is used for the treatment of patients with predominantly classic subfoveal choroidal neovascularization due to age-related macular degeneration, pathologic myopia or presumed ocular histoplasmosis. Prior authorization is required and must be prescribed by, or in consultation with an ophthalmologist.

### **Antihemophilic Factor VIII Products MB2116**

Effective October 1, 2021, Antihemophilic Factor VIII Products, which is used to treat serious bleeding episodes in patients with a bleeding problem called von Willebrand disease (VWD). New policy in place for Factor VIII Products to adopt Navitus single policy from original policy Antihemophilia Factors and Clotting Factors MB1802. Prior authorization is required and must be prescribed, or in consultation with hematology specialists.

### **Antihemophilic Factor IX Products MB2117**

Effective October 1, 2021, Antihemophilic Factor IX Products, which is used to treat hemophilia B, which is sometimes called Christmas disease. This is a condition in which the body does not make enough factor IX. New policy in place for Factor IX Products to adopt Navitus single policy from original policy Antihemophilia Factors and Clotting Factors MB1802. Prior authorization is required and must be prescribed, or in consultation with hematology specialists.

### **Hyaluronic acid derivatives MB2115**

Effective October 1, 2021, Hyaluronic acid derivatives, which is used for the treatment of pain in osteoarthritis of the knee in individuals who have failed to respond adequately to conservative non-pharmacologic therapy and analgesics (e.g., non-steroidal anti-inflammatory drugs and acetaminophen). No prior authorization is required for preferred products SYNVIS, SYNVIS ONE, HYALGAN, HYMOVIS, and TRILURON. In addition to the criteria in this document, coverage for non-preferred hyaluronic acid product requires a trial failure of a preferred product. Prior authorization is required for non-preferred. Preferred and non-preferred products must be prescribed by, or in consultation with a rheumatology, orthopedic, sports medicine, or pain medicine specialists.

### **Duchenne NMN MB2118**

Effective October 1, 2021, Duchenne NMN, which is used for treatments that can help to maintain comfort, function, and prolong life for people with Duchenne muscular dystrophy (DMD). New policy for Non-covered Duchenne products.

### **Mepsevii® (vestronidase alfa-vjbk) (Intravenous) MB2119**

Effective September 1, 2021, Mepsevii, which is used for treatment of Mucopolysaccharidosis VII (MPS VII, Sly syndrome) in pediatric and adult patients. Prior authorization is required and must be prescribed by, or in consultation with, medical geneticist or other prescriber specialized in the treatment of mucopolysaccharidosis VII.

### **VYEPTI (eptinezumab) MB2120**

Effective October 1, 2021, VYEPTI, which is used for preventive treatment of migraine in adults. Prior authorization is required and must be prescribed by or in consultation with a neurologist.

### **Levothyroxine Intravenous MB2121**

Effective September 1, 2021, Levothyroxine Intravenous, which is used for treatment of myxedema coma. Prior authorization is required and must be prescribed by medical providers. Levothyroxine Intravenous will be non-covered (NC).

## Changes To Drug Policy

### **OPDIVO (nivolumab) MB1844**

Effective July 1, 2021, OPDIVO, which is used as a first treatment for adults with a type of advanced stage lung cancer (called non-small cell lung cancer) when your lung cancer has spread to other parts of your body (metastatic) and your tumors are positive for PD-L1, but do not have an abnormal EGFR or ALK gene. New indication added under advanced or metastatic gastric cancer, gastroesophageal junction cancer or adenocarcinoma of needing to be used in combination with fluoropyrimidine and platinum-containing chemotherapy. Prior authorization is required and must be prescribed by, or in consultation with, an oncologist or hematologist.



### **SCENESSE (afamelanotide) MB2002**

Effective July 1, 2021, SCENESSE, which is used to increase pain-free light exposure in adult patients with a history of phototoxic reactions from erythropoietic protoporphyria (EPP). Update to match Navitus criteria which includes additional prescribers added, increased QL, fewer requirements for diagnosis confirmation, continuation criteria removal of absence of drug toxicity, and references added. Prior authorization is required and must be prescribed and administered by, or in consultation with, a dermatologist, medical geneticist, or a physician specializing in the treatment of cutaneous porphyrias.

### **TRODELVY (sacituzumab govitecan) MB2009**

Effective July 1, 2021, TRODELVY, which is used to treat adults with triple-negative breast cancer (negative for estrogen and progesterone hormone receptors and HER2) that has spread to other parts of the body (metastatic) or cannot be removed by surgery, and who have received two or more prior treatments, including at least one treatment for metastatic disease. And bladder cancer and cancers of the urinary tract that have spread or cannot be removed by surgery, and who have received a platinum-containing chemotherapy medicine and also received an immunotherapy medicine. Prior authorization is required and must be prescribed by, or in consultation with, an oncologist specialist.

### **TROGARZO (ibalizumab) MB2014**

Effective July 1, 2021, TROGARZO, which is used for the treatment of human immunodeficiency virus type 1 (HIV-1) infection in heavily treatment-experienced adults with multidrug resistant HIV-1 infection failing their current antiretroviral regimen. Adoption of Navitus policy including initial criteria timeframe, and authorization quantity

limit for vials. Prior authorization is required and must be prescribed by, or in consultation with, an infectious disease specialist.

### **LUPRON-ELIGARD (leuprolide) MB1842**

Effective July 1, 2021, LUPRON-ELIGARD, which is used for the management of endometriosis, including pain relief and reduction of endometriotic lesions. J Code update to J1951 for leuprolide acetate for depot suspension (Fensolvi). Prior authorization is not required but must be prescribed by, or in consultation with, oncology, urology, OBGYN, internal medicine, family medicine, or pediatrics. FENSOLVI is a non-covered medical benefit product.

### **YESCARTA (axicabtagene ciloleucel) MB1829**

Effective July 1, 2021, YESCARTA, which is used for treatment of adult patients with relapsed or refractory large B-cell lymphoma after two or more lines of systemic therapy, including diffuse large B-cell lymphoma (DLBCL) not otherwise specified, primary mediastinal large B-cell lymphoma, high grade B-cell lymphoma, and DLBCL arising from follicular lymphoma. Policy updated with new indication of relapsed or refractory follicular lymphoma. Prior authorization is required and must be prescribed by, or in consultation with an oncology specialist.

### **Rituximab Products MB9847**

Effective July 1, 2021, Rituximab products, which is used for the treatment Adults with Non-Hodgkin's Lymphoma (NHL), Chronic Lymphocytic Leukemia (CLL), Rheumatoid arthritis (RA), Pemphigus Vulgaris (PV), and people ages 2 years and above with Granulomatosis with Polyangiitis (GPA) (Wegener's Granulomatosis) and Microscopic Polyangiitis (MPA). Updated criteria

of adding off labeled use for MS. Prior authorization is required and is restricted to rheumatology, transplant, hematology, neurology, dermatology, ENT, or oncology prescribers

### **ENTYVIO (vedolizumab) MB9453**

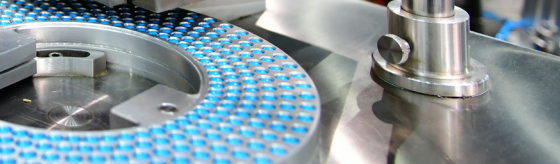
Effective October 1, 2021, ENTYVIO, which is used in adults for the treatment of moderately to severely active ulcerative colitis and moderately to severely active Crohn's disease. Renewal Criteria regarding efficacy documented in the medical record indicating stabilization or improvement in disease activity updated to include: If not stable at maintenance dose of every 8 weeks; off-labeled indication with documentation up to every 4 weeks of therapy. Prior authorization is required and must be prescribed by, or in consultation with gastroenterology specialists.

### **Antihemophilia Factors and Clotting Factors MB1802**

Effective October 1, 2021, Antihemophilia Factors and Clotting Factors, which is used to treat or prevent bleeding episodes in people with hemophilia A. Removal of factor VIII and IX products to adopt two new Navitus separate policies and to change initial auth duration to 6 months. Prior authorization is required and must be prescribed, or in consultation with hematology specialists.

### **Botulinum Toxin MB9020**

Effective August 1, 2021, Botulinum Toxin, which is used to treat certain eye disorders such as crossed eyes (strabismus) and uncontrolled blinking (blepharospasm), to treat muscle stiffness/spasms or movement disorders (such as cervical dystonia, torticollis), and to reduce the cosmetic appearance of wrinkles. Additional criteria added for myofascial pain syndrome. Prior authorization is required.



### **IMFINZI (durvalumab) MB1828**

Effective August 1, 2021, IMFINZI, which is used to treat adult patients with unresectable Stage III non-small cell lung cancer (NSCLC) whose disease has not progressed following concurrent platinum-based chemotherapy and radiation therapy. Removed indication for urothelial cancer and adopted Navitus MAPC standard. Prior Authorization is required and must be prescribed by, or in consultation with, an oncologist.

### **KEYTRUDA (pembrolizumab) MB1812**

Effective August 1, 2021, KEYTRUDA, which is used for treatment of melanoma, non-small cell lung cancer (NSCLC), head and neck squamous cell cancer (HNSCC), classical Hodgkin lymphoma (cHL), primary mediastinal B-cell lymphoma (PMBCL), urothelial carcinoma, microsatellite instability-high (MSI-H) or a mismatch repair deficient (dMMR) solid tumor, colon or rectal cancer, gastric or gastroesophageal junction (GEJ) adenocarcinoma that tests positive for "PD-L1, cervical cancer that tests positive for "PD-L1", hepatocellular carcinoma, Merkel cell carcinoma (MCC), renal cell carcinoma (RCC), cutaneous squamous cell carcinoma (cSCC), and triple-negative breast cancer (TNBC). Adopted Navitus MAPC policy. Prior authorization is required and must be prescribed by an oncologist or hematologist.

### **OPDIVO (nivolumab) MB1844**

Effective August 1, 2021, OPDIVO, which is used for treatment of advanced stage lung cancer (called non-small cell lung cancer) when it has spread to other parts of the body (metastatic) and tumors are positive for PD-L1, but do not have an abnormal EGFR or ALK gene. New indication added per FDA Label. Prior authorization is required and must be prescribed by, or in consultation with, an oncologist or hematologist.

### **SOLIRIS (eculizumab) MB9938**

Effective August 1, 2021, SOLIRIS, which is used for treatment of adult patients with paroxysmal nocturnal hemoglobinuria (PNH). Adopted Navitus MAPC Policy. Prior authorization is required and must be prescribed by a neurologist or neuro-ophthalmologist, nephrology, hematology, oncology or transplant specialists.

### **Trastuzumab Products 1805**

Effective August 1, 2021, Trastuzumab products, which are used for treatment of HER2-positive (3+ by immunohistochemistry) or gene amplification (by fluorescence in situ hybridization) breast cancer and the treatment of HER2-positive metastatic gastric or gastroesophageal junction adenocarcinoma. Removed effective date from preferred products. Prior authorization is required and must be prescribed by an oncology or hematology specialist.

### **ULTOMIRIS (ravulizumab) MB1902**

Effective August 1, 2021, ULTOMIRIS, which is used for the treatment of adult and pediatric patients one month old and older with paroxysmal nocturnal hemoglobinuria (PNH) (1) and the treatment of adults and pediatric patients one month old and older with atypical hemolytic uremic syndrome (aHUS) to inhibit complement-mediated thrombotic microangiopathy (TMA). Prior authorization is required and must be prescribed by, or in consultation with, a hematologist, oncologist or immunologist.

### **ADAKVEO (crizanlizumab) MB2003**

Effective November 1, 2021, ADAKVEO, which is a selectin blocker indicated to reduce the frequency of vasoocclusive crises in adults and pediatric patients aged 16 and older with sickle cell disease. Conversion to Navitus criteria, removal of sickle cell disease(SCD) specialist, criteria bypass if from SCD

center of excellence(COE), and addition of step therapy through Endari. Prior authorization is required and must be prescribed by, or in consultation with a hematologist specialist.

### **SIMPONI ARIA (golimumab) MB9874**

Effective November 1, 2021, SIMPONI ARIA, which is a tumor necrosis factor (TNF) blocker indicated for the treatment of adult patients with moderately to severely active rheumatoid arthritis (RA) in combination with methotrexate; active psoriatic arthritis (PsA) in patients 2 years and older; adult patients with active ankylosing spondylitis (AS); and active polyarticular juvenile idiopathic arthritis (pJIA) in patients 2 years and older. Updated to include preferred pharmacy benefit products from Navitus and require where appropriate, a trial of preferred infliximab as part of the criteria, removed ulcerative colitis (UC) as this is not a labeled indication. Prior authorization is required and must be prescribed by, or in consultation with a rheumatology specialists (Rheumatoid Arthritis, Peripheral Ankylosing Spondylitis, or Psoriatic Arthritis).

### **Immune Globulin MB9423**

Effective September 1, 2021, Immune Globulin, which is used to treat primary immunodeficiency, increase platelets (blood clotting cells) in people with immune thrombocytopenic purpura, help prevent certain infections in people with B-cell chronic lymphocytic leukemia, and used in people with Kawasaki syndrome, to prevent aneurysm caused by a weakening of the main artery in the heart. Addition of Ideal Body Weight dosing per DMG request and updating Asceniv from not covered(NC) to non-preferred. Prior authorization is required.







### **KADCYLA (ado-trastuzumab emtansine) MB2008**

Effective September 1, 2021, KADCYLA, which is used to treat patients with HER2-positive, metastatic breast cancer who previously received trastuzumab and a taxane, separately or in combination; and adjuvant treatment of patients with HER2-positive early breast cancer who have residual invasive disease after neoadjuvant taxane and trastuzumab-based treatment. Adoption of Navitus policy. Prior authorization is required and must be prescribed by, or in consultation with, an oncologist.

### **LUPRON-ELIGARD (leuprolide) MB1842**

Effective September 1, 2021, LUPRON-ELIGARD, which is used for the management of endometriosis, including pain relief and reduction of endometriotic lesions. Update Fensolvi from non-covered to non-preferred. Prior authorization is not required but must be prescribed by, or in consultation with, oncology, urology, OBGYN, internal medicine, family medicine or pediatrics.

### **NULOJIX (belatacept)**

Effective September 1, 2021, NULOJIX, which is used to prevent transplant rejection in adults who have received a kidney transplant. Minor change with dosing exception under renewal criteria. Prior authorization is required and must be prescribed by, or in consultation with, a renal transplant or immunosuppressive therapy specialist.

### **SINUVA (mometasone furoate) MB1833**

Effective September 1, 2021, SINUVA, which is used for treatment of nasal polyps in patients under 18 who have had ethmoid sinus surgery. Clarification to allowing maximum one implant per sinus per lifetime and coverage is allowed for three months, if approved. Prior authorization is required and must be prescribed by an ENT specialist.

### **SYNAGIS (palivizumab) MB9221**

Effective September 1, 2021, SYNAGIS, which is used for prevention of serious lower respiratory tract disease caused by respiratory syncytial virus (RSV) in pediatric patients. Adoption of Navitus policy. Prior authorization is required and must be prescribed by a NICU physician, neonatologist, or pediatric specialist (including family practice, general pediatrics, pediatric pulmonology, and pediatric cardiology).

### **LUMIZYME, Myozyme® (alglucosidase alfa) (Intravenous) MB2107**

Effective September 1, 2021, LUMIZYME, Myozyme, which is used for treatment of Pompe Disease (Acid Alpha glucosidase (GAA) deficiency). Addition of drug Myozyme which is a "me too" drug to Lumizyme, J Code J7352. Prior authorization is required and must be prescribed by, or in consultation with, medical geneticist or other prescriber specialized in the treatment of Pompe DX.

### **BENLYSTA (belimumab) MB1820**

Effective September 1, 2021, BENLYSTA, which is used for treatment of Systemic lupus erythematosus through patients 5 years and older. Adoption of Navitus policy criteria. Prior authorization is required and may only be prescribed by, or in consultation with, a rheumatologist, dermatologist or nephrologist.

### **Pegfilgrastim products MB1808**

Effective September 1, 2021, Pegfilgrastim products, which are used to reduce the chance of infection in people who have certain types of cancer and are receiving chemotherapy medications that may decrease the number of neutrophils (a type of blood cell needed to fight infection). Removal of effective date under additional information in policy. Prior authorization is required for Neulasta, Neulasta OnPro, Nyvepria, or Udenyca only. No prior authorization is required for Fulphila or Ziextenzo.

### **Trastuzumab Products MB1805**

Effective September 1, 2021, Trastuzumab products, which are used to treat metastatic (spread) breast cancer and it is effective against tumors that overexpress the HER2/neu protein. Change of initial and continuation authorization duration from 6 months to 12 months to align with Phesgo and pertuzumab. Prior authorization is required and must be prescribed by an oncology or hematology specialist.

## **Retired Policies, all effective September 1, 2021**

### **ABRAXANE (paclitaxel albumin-bound) MB1801**

### **ADCETRIS (brentuximab-vedotin) MB1945**

### **ALIMTA (pemetrexed for injection) MB1837**

### **BELEODAQ (belinostat) MB2100**

### **Bendamustine Products MB1917**

### **BLINCYTO-blinatumomab MB2101**

### **CYRAMZA (ramucirumab) MB1918**

### **EMPLICITI (elotuzumab) MB1906**

### **ENHERTU (fam trastuzumab deruxtecan nxki) MB2007**

### **ERBITUX (cetuximab) MB2102**

### **Monjuvi (afasitamab-CXIX) MB2016**

### **PADCEV (enfortumab vedotin-ejfv) MB2010**

### **SARCLISA (isatuximab) MB2004**

### **TRODELVY (sacituzumab govitecan) MB2009**

### **VECTIBIX (panitumumab) MB1810**

### **VELCADE (bortezomib) MB1922**





## Formulary Management Procedures

The WellFirst Health drug formulary is reviewed every month. With the approval of newer generic entities, changes and updates are made on a regular basis. In addition to updating the formulary status of covered drugs, formulary restrictions are also modified as necessary. Here is an update of restrictions and limitations associated with the drug formulary:

**Closed formulary.** WellFirst Health employs a closed formulary. If a drug is not listed on the drug formulary, the product is not covered by the member's pharmacy benefit. If the member chooses a product that is not listed on the formulary, the member is responsible for 100% of the cost of the drug.

**Mandatory Generic Substitution.** If a drug is available in a generic version, WellFirst Health may require the use of the generic version. If the generic version of the drug is mandated and the patient chooses to receive the brand, the patient is responsible for the highest tier branded copay plus the ingredient cost difference between the brand and generic versions. If the patient's physician requests the branded version, the patient is only responsible for the highest tier branded copay.

**Prior Authorization.** When a drug requires prior authorization, the physician must receive approval prior to prescribing the drug. The list of drugs requiring prior


authorization and the authorization request forms are available on [wellfirstbenefits.com](https://wellfirstbenefits.com).

**Step Therapy.** Step edits are often used within a therapeutic class to require generic or preferred drug use prior to a non-preferred drug. When a step edit is in place, the patient must have trialed therapy with a preferred drug(s) prior to receiving approval for the non-preferred drugs. Step edits are completed point-of-service at the pharmacy, and there are no prior authorization requirements.

**Specialist Restrictions.** Specialist restrictions limit the prescribing of a drug to a unique specialty. These decisions are based on the indications and uses for the specific drug.

**Quantity Level Limits.** Quantity level limits restrict the supply of drug product that may be dispensed either per prescription or per a specific amount of time.

**Specialty Pharmacy.** If a drug is available or mandated to be dispensed by a specialty pharmacy, the specialty pharmacy designation will be applied.


A complete listing of the all-WellFirst Health pharmacy resources, including the drug formulary, can be found at: [New Link Coming](#). 

## No Surprises Act

*New laws and regulations, effective January 1, 2022, will impact both providers and health plans*

The [No Surprises Act](#), part of the [Consolidated Appropriations Act](#), and the Transparency in Coverage Final Rule from the Tri-Agencies (U.S. Departments of Health and Human Services, Labor, and Treasury) will establish federal standards for both providers and health plans to help protect patients from unexpected medical bills and provide transparency in health care price information. Requirements will be phased in over three years with many of them effective on January 1, 2022. WellFirst Health is currently assessing both the No Surprises Act and the Transparency in Coverage Final Rule and encourages providers to do the same for their organizations.

These federal requirements will apply to individual, small group, and large group fully-insured. They will also apply to self-insured group plans. Additionally, requirements in the No Surprises Act will apply to grandfathered plans.

The federal government likely will issue clarifications on the No Surprises Act throughout the remainder of this year with additional guidance expected in 2022. Future communications regarding this will be emailed to providers who have "opted in," through their account settings in the Provider Portal, to receive Health Plan communications. 



## Provider Self-Service Resources Save You Time

We understand that your time is at a premium. Save some of that time! Don't miss out on using our self-service resources for 24/7 on-demand information.

### Provider Portal

Did you know that the [WellFirst Health Plan Portal](#) allows users to retrieve member eligibility information, submit and view authorization requests, view claim status and payments, and submit claim appeals?

All of these applications, and more — like direct links to provider resources and timely messages — are available

24/7 through the provider portal. If you don't have a portal account, [register](#) for one today. Or if there is an application you can't access in your current portal account, ask a site administrator for your organization who has the ability to grant you that access.

Looking another online resource?

**Here's where to find more self-service resources**

*Information is a click away!*

Resource / Direct Link	Description	Path to Access
<a href="#">Confirmation Reports Portal</a>	Separate from the Provider Portal. Shows whether claims, submitted electronically or on paper, were accepted or rejected for processing.	Click the <b>Go to Portals</b> link located under <b>Provider portals</b> at <a href="https://wellfirstbenefits.com/Providers">wellfirstbenefits.com/Providers</a> .
<a href="#">Document Library</a>	Interactive document repository for manuals, policies, forms and other documents.	Click the <b>Document Library</b> link located under <b>Helpful Links</b> at <a href="https://wellfirstbenefits.com/Home-Page">wellfirstbenefits.com/Home-Page</a> .
<a href="#">HIPAA transactions and Online Direct Data Entry Form</a>	Exchange HIPAA-compliant electronic transactions with the Health Plan, including an Online Direct Data Entry Form as alternative EDI claim submission.	Click the <b>Learn more about EDI</b> link located under <b>HIPAA transactions</b> at <a href="https://wellfirstbenefits.com/Providers">wellfirstbenefits.com/Providers</a> .  Sign up for the online direct data form at <a href="https://sdata.us">sdata.us</a> .



Resource / Direct Link	Description	Path to Access
<a href="#">Medical Policies</a> <a href="#">Drug Policies</a> <a href="#">Medicare Advantage Policy Guidelines</a>	Reviewed at least annually and based on technology assessment resources and feedback from in-network providers.	<p>Click the <b>Medical policies</b> or <b>Drug policies</b> link under <b>Additional resources/tools</b> at <a href="https://wellfirstbenefits.com/Providers">wellfirstbenefits.com/Providers</a>.</p> <p>For Medicare Advantage, click the <b>Medicare Management</b> link at <a href="https://wellfirstbenefits.com/Providers/Medical-Management">wellfirstbenefits.com/Providers/Medical-Management</a>.</p>
<a href="#">Medical Injectables List</a>	A reference of drugs covered under the medical benefit.	<p>Click the <b>Medical Injectables</b> link at <a href="https://wellfirstbenefits.com/Providers/Medical-Management">wellfirstbenefits.com/Providers/Medical-Management</a>.</p> <p>For Medicare Advantage, Medical Injectables that require prior authorization are listed in the WellFirst Health Medicare Advantage Prior Medical Services Authorization Service List, linked below.</p>
<a href="#">Medical Prior Authorization Service List</a> <a href="#">Medicare Advantage Prior Medical Services Authorization Service List</a>	Also referred to as the Master Service List, it is divided by products and lists medical service codes that require prior authorization. It also links to medical policies that require prior authorization and/or have coverage limitations.	<p>Click the <b>Medical prior authorization services list</b> link located under <b>Prior Authorization Services</b> at <a href="https://wellfirstbenefits.com/Providers/Medical-Management">wellfirstbenefits.com/Providers/Medical-Management</a>.</p> <p>For Medicare Advantage, click the <b>Medicare Advantage medical management</b> link at <a href="https://wellfirsthealth.com/Medicare/Medicare-Advantage-part-D-pharmacy-benefits/Medical-management">wellfirsthealth.com/Medicare/Medicare-Advantage-part-D-pharmacy-benefits/Medical-management</a>.</p>
<a href="#">Member Summary of Benefits and Coverage</a>	Documentation related to member health plan benefits, including certificate of coverage, member policy or certificate and member handbook.	Using Google Chrome, go to <a href="https://memberbenefits.wellfirstbenefits.com">memberbenefits.wellfirstbenefits.com</a> .
<a href="#">Navitus/Navi-Gate Portal</a>	The Health Plan contracts with Navitus/ Navi-Gate for the authorization of medical injectables. Submit authorization requests to Navitus/Navi-Gate through its Portal.	Click the <b>Go to Portals</b> link located under <b>Provider portals</b> at <a href="https://wellfirstbenefits.com/Providers">wellfirstbenefits.com/Providers</a> .
<a href="#">NIA Magellan Healthcare RadMD Portal</a>	The Health Plan contracts with NIA Magellan Healthcare for the authorization of physical and occupational therapy, high-end radiology, and musculoskeletal services. Submit authorization requests to NIA Magellan Healthcare through their RadMD Portal.	Click the <b>Go to Portals</b> link located under <b>Provider portals</b> at <a href="https://wellfirstbenefits.com/Providers">wellfirstbenefits.com/Providers</a> .
<a href="#">Non-Covered Services</a>	List of medical procedures and services that are not covered by the Health Plan.	Click the <b>Non-covered services</b> link at <a href="https://wellfirstbenefits.com/Providers/Medical-Management">wellfirstbenefits.com/Providers/Medical-Management</a> .

## Provider self-service resources save you time ... (continued)

Resource / Direct Link	Description	Path to Access
<b>Opt In/Opt Out for Electronic Communications</b>	Select Opt-In to receive direct email communications from the Health Plan. Available through <b>Provider Selection</b> option under the <b>Settings</b> dropdown.	Click the <b>Go to Portals</b> link located under <b>Provider portals</b> on the WellFirst Health Plan Providers web page.
<a href="#">Pharmacy Information</a>	Includes medical benefit drug policies, formulary coverage, and a listing of prior authorized drugs.	Click the <b>See pharmacy services</b> link located under Pharmacy services at <a href="https://wellfirstbenefits.com/Providers">wellfirstbenefits.com/Providers</a> .
<a href="#">Provider Directory</a>	Titled as Find A Doctor on <a href="https://wellfirstbenefits.com">wellfirstbenefits.com</a> . Interactive listing of in-network providers and locations	Click the <b>Find A Doctor</b> link located at the top of <a href="https://wellfirstbenefits.com">wellfirstbenefits.com</a> web pages  Click the applicable network link under "Find a Doctor."
<a href="#">Provider Manuals</a>	Provider resource for health plan policies and procedures as supplemental information to a provider's contract.	Click the <b>Go to manuals</b> link located under <b>Manuals</b> at <a href="https://wellfirstbenefits.com/Providers">wellfirstbenefits.com/Providers</a> .
<a href="#">Provider News</a>	Quarterly newsletter with health care interest stories, provider and health plan highlights, and updated medical and drug policies.	Click the <b>See News</b> link located under <b>Newsletter</b> at <a href="https://wellfirstbenefits.com/Providers">wellfirstbenefits.com/Providers</a> .
<a href="#">Provider Portal</a>	Secure Provider Portal accessible 24/7 as a direct line between your organization and the health plan's self-service applications to exchange electronic transactions and share current health care information and health plan resources.	Click the <b>Go to Portals</b> link located under <b>Provider portals</b> at <a href="https://wellfirstbenefits.com/Providers">wellfirstbenefits.com/Providers</a> .
<a href="#">Provider Portal Registration Guide</a>	Details the registration process to create individual and organization Provider Portal accounts.	Click the <b>Go to Portals</b> link located under <b>Provider portals</b> at <a href="https://wellfirstbenefits.com/Providers">wellfirstbenefits.com/Providers</a> .
<b>Provider Portal User Guide</b>	Details how to use the self-service applications available in the Portal once a Provider Portal account is created.	Available to registered users in the secure Provider Portal once a Portal account is established.

### Provider Network Consultants

Have escalated concerns that aren't addressed via self-service? Contact your Provider Network Consultant for assistance at [wellfirstbenefits.com/Providers](https://wellfirstbenefits.com/Providers).





## Notification Necessary for Provider Demographic Changes

*And don't forget to update NPPES information too!*


WellFirst Health is committed to ensuring accurate provider information is displayed in our provider directories for members who rely on this information to find in-network providers for their care. As a health plan, we are required to keep provider information up to date by the Centers for Medicare & Medicaid Services (CMS) and other regulatory and accreditation entities.

To ensure we have the most current provider information available, we require providers to notify their designated Provider Network Consultant of any change to their information on-file with the Health Plan as soon as they are aware of the change.

Providers are also encouraged to review and update their National Plan and Provider Enumeration System (NPPES) information when they have changes. NPPES provides information such as name, specialty, address, and telephone number for virtually every provider in the country in a machine-readable format.

In both cases, notification of changes ensures our provider directory and NPPES information always reflect accurate provider information.

Please take a moment to review our online provider directory at [wellfirstbenefits.com/find-a-doctor](https://wellfirstbenefits.com/find-a-doctor) and verify it reflects current information for you and your organization. Report the following updates or changes to your Provider Network Consultant:

- Ability to accept new patients
- Practicing address
- Phone number
- Provider terminations
- Other changes that affect publicly posted provider accessibility and demographics information. This includes, but is not limited to:
  - Practice location's handicap accessibility status
  - Hospital affiliation
  - Provider specialty
  - Languages spoken by provider
  - Provider website URL 



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